



Picture Schedule

Picture schedules are a great way to help children anticipate their day. You will need to take and print pictures of the following: your child waking up in the morning; eating breakfast; getting dressed; brushing their teeth; in the car, on the bus, or walking to school; entering school; coming out of their classroom or school at the end of the day; playing at home; eating dinner; getting ready for bed; going to sleep. Once the pictures are developed, display them, in order of the day, in your child's bedroom or a central place in your home. Every morning, you can go over the schedule of the day with your child so they will feel secure in the routine of their day!



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